



The Homeless **Families** Foundation

Families & Friends

Not one child... not one night.

HFF Dowd Education Center Embraces Girls on the Run!

The HFF Dowd Education Center works to educate and nurture economically disadvantaged children in our community by providing programming and activities to promote academic success, healthy habits and social/emotional well-being. HFF is excited to announce the addition of the Girls on the Run program for girls in our afterschool program.

The goal of the Girls on the Run program is to “inspire girls to recognize their inner strength and celebrate what makes them one-of-a-kind.” The program trains volunteer coaches to lead small teams through research-based curricula that includes dynamic discussions, activities and running games. “Over the course of the ten-week program, girls in 3rd-8th grade develop essential skills to help them navigate their world and establish a lifetime appreciation for health and fitness. The program culminates with girls positively impacting their communities through a service project and being physically and emotionally prepared to complete a celebratory 5K event.” Providing Girls on the Run at HFF is important because, “girls face social pressures and conflicting messages about how they should act and who they should be. Studies show that by adolescence, girls’ confidence



drops about twice as much as boys’. Friendships become more complicated and challenging, girls’ perception of their academic ability declines, the likelihood of anxiety and depression increase and participation in physical activity plummets.” (www.girlsontheruncentralohio.org/Our-Programs)

Tessa Hanna, Youth Outreach Coordinator at the HFF Dowd Education Center, recently registered HFF as a Girls on the Run site and completed the coaches training. As a Girls on the Run Site Liaison she will recruit volunteer coaches to help facilitate, prepare, organize

and supervise all aspects of the program from beginning to end. The girls from the Dowd will participate this spring beginning March 4 through May 13, culminating with the Girls on the Run 5K on Sunday, May 19, 2019.



Collaborating for Families

The Homeless Families Foundation supplements your generous support by collaborating with other community partners.

Kristen is a mother of four. Her oldest son, Erick is seven, Eli is five, Jalyn is a toddler and Kamryn was born in spring 2018. The two oldest children participate in HFF's education program. Kristen took maternity leave in the spring after the birth of Kamryn. Although Kristen went back to her part-time job in April, she was struggling to pay her rent. To add to the predicament her family was also wrestling with the trauma of her sister's murder earlier in the year. Affected the most by his aunt's tragic death was Erick, Kristen's oldest.

To help Kristen regain financial and housing stability, HFF provided April and May rent as well as ongoing Case Management. Because of HFF's partnership with Buckeye Ranch, Erick, was able to receive counseling onsite at HFF, to deal with the death of his aunt. In the summer of 2018 Kristen got a full time job paying three dollars more an hour. However, the change in jobs caused a delay in pay and expensive car repairs left Kristen with no rent for July. To help her during the transition to her new job, Gifts of Kindness, through The Columbus Foundation, provided Kristen with the rent she needed to stay in her home.



Through her months of crisis, HFF helped Kristen supplement her income by providing food, cleaning and household supplies and baby items as needed. HFF continued to provide ongoing case management until Kristen felt stable again.

Thanks to your support and our collaborative partners, Gifts of Kindness and Buckeye Ranch, Kristen is enjoying her new job, living in the same house and financially stable. She is no longer receiving case management, but her boys still participate in the HFF Dowd Education Center Programming, and they are still part of the HFF community.

Thanks to our collaborative partners:



A Message from Our Executive Director

As we reflect on our accomplishments of 2018 and embrace our plans for 2019, what remains constant at The Homeless Families Foundation is our passionate mission of child and family stability.

2018 saw HFF take important steps to meet the growing challenges facing families living in poverty. As our families struggled to find affordable housing and jobs that provide a living and housing wage, HFF proactively strengthened our Family Stability Programming by prioritizing resources, collaborating with more partners and implementing evidence based services through existing and new programming.

Although there are systematic causes of poverty, such as economic, gender and race inequality, we know families and children experience poverty differently and unique to their own situation. HFF's flexible, person-centered services are designed to help each family and child with their unique circumstances. Our two-generation, holistic philosophy is strategic and intended to help each family chart their own path to stability.

With your generous support, HFF continues to be a leader in our community's fight to end poverty and homelessness. Thank you for partnering with HFF to make 2019 a year of new beginnings, realized dreams, and hopeful futures for our children and families.

Thank you!

Beth Fetzer-Rice, Executive Director

MAKE IT MONTHLY!

BECOME A CHAMPION OF HOPE AND YOU'LL HELP STRUGGLING FAMILIES - EVERY DAY, ALL YEAR!

Impact the lives of hundreds of children and families in our community by making a monthly donation using a debit or credit card.



homelessfamilies foundation.org/champ

EVENTS CALENDAR

March

SPRING CLEANING DRIVE

Drop off supplies at HFF anytime between March 1 and April 1

Unfortunately, there are many who are unable to afford basic needs to keep their families and homes clean and healthy. You can help by providing cleaning products. Suggested items include: dish soap, SOS pads, sponges, soap/body wash, shampoo, toothpaste, spray cleaner, Pinesol type cleaner and laundry soap.



May

Sunday, May 12

The No Show Mother's Day Gala is a one-of-a-kind fundraising opportunity with a twist. Since we aren't paying for an event space or catering, 100% of your donations will go directly to stabilize HFF families.



June

Saturday, June 29

Columbus Outdoor Pursuits Presents cycling to end homelessness. Three routes, food, music, raffles and fun will be had by all who attend.

RIDGE RUNNER RAMBLE



September

Friday, September 27

Join us for our premier fundraiser where one lucky raffle winner and their guest will be whisked away that night by private jet for a luxurious 2-night trip.

HOPE TAKES FLIGHT



Thank You!

We truly appreciate the community and corporate volunteers who contributed hundreds of hours helping us before, during and after the renovation.

To sign up to volunteer in 2019 visit hff.volunteerhub.com



Special Thanks to: Columbus Board of Realtors, Columbus Kiwanis Foundation, Duplur Office, IKEA, Ingram White Castle Foundation, Martin Painting and Coating Company, OHM Advisors, RSFi Office Furniture, Setterlin Building Company, The Columbus Foundation.



33 North Grub Street
Columbus, Ohio 43215

homelessfamiliesfoundation.org



The Homeless Families Foundation receives support from the Community Shelter Board and its funders, which include the City of Columbus, the Franklin County Board of Commissioners and the United Way of Central Ohio, supplementing the generous donations of numerous individuals, corporations, foundations and community organizations.

HFF Privacy Policy:

The Homeless Families Foundation collects information on donors including their names, addresses, e-mail addresses and donation histories for contacting donors in the future and for internal record keeping purposes. It does not sell, trade or lend names, addresses, phone numbers or e-mail addresses. To review personal information or request corrections, contact HFF at 33 North Grubb Street, Columbus, OH 43215-2748. To discontinue receipt of communications from HFF, please contact Dorothy Bastian at dbastian@homelessfamiliesfoundation.org.